

# A Transforming Prayer Given by Jesus to You and Me!

**Matthew 6:9-15** 



#### This prayer contains seven petitions.

- 1. Three relating to God's Concerns and
- 2. Four relating to Our Needs.

Always begin your prayer by focusing on God's desires, and then focus on your own needs and confessions.



#### 1. Addressing God

Our Father in heaven,

#### 2. Honoring God's Name

hallowed be your name

### 3. Your Kingdom Come

- "Your kingdom come, your will be done, on earth as it is in heaven."



#### 1. Provide Us With Food

"Give us this day our daily bread."



## 2. Forgive Our Sins

And forgive us our debts, as we also have forgiven our debtors.

# II. Pray for Your Concerns

#### Two Types of Forgiveness.

1. Decisional Forgiveness is a personal commitment to control negative behavior, even if negative emotions continue. It promises not to act in revenge or avoidance, but it doesn't make a person feel less unforgiving.

# II. Pray for Your Concerns

### Two Types of Forgiveness.

2. Emotional Forgiveness, on the other hand, happens when negative emotions – resentment, hostility, and even hatred – are replaced by positive feelings. Thus forgiveness is both a short and long term process. The decision to forgive does not mean the person has erased bitter emotions, but it does mean that emotional transformation is more likely to follow.



#### 3. Guard Our Hearts

And lead us not into temptation, but deliver us from the evil one.

"Lead us not into temptation," do not lead us through trials that are so deep that they would tempt us to be unfaithful to you.



- 4. Rescue Us from the Evil One
  - but deliver us from the evil one.



- for those who hunger for God to rubber-stamp their selfish plans, for it begins with "Your will be done on earth as it is in heaven."
- for those who feel righteous, for it leads us to ask forgiveness.
- for the vindictive, for it bids us leave our hatred at the altar if we would be forgiven.
- for the self-made man who shuns dependence, for it teaches us to ask God for bread daily.



The Obedient Disciple who would know God as he is, in his Fatherhood and glory and holiness.

