



**Be Still, and Know that
I am God**

(Psalm 46)



Be still,
& KNOW
that I am God
Psalm 46





Psalm 46

- 1 God is our refuge and strength, a very present help in trouble.
- 2 Therefore we will not fear though the earth gives way, though the mountains be moved into the heart of the sea,
- 3 though its waters roar and foam, though the mountains tremble at its swelling. *(Selah)*



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Psalm 46

4 There is a river whose streams make glad the city of God, the holy habitation of the Most High.

5 God is in the midst of her; she shall not be moved; God will help her when morning dawns.

6 The nations rage, the kingdoms totter; he utters his voice, the earth melts.

7 The Lord of hosts is with us; the God of Jacob is our fortress. *(Selah)*




Psalm 46

8 Come, behold the works of the Lord, how he has brought desolations on the earth.

9 He makes wars cease to the end of the earth; he breaks the bow and shatters the spear; he burns the chariots with fire.

10 “Be still, and know that I am God. I will be exalted among the nations, I will be exalted in the earth!”

11 The Lord of hosts is with us; the God of Jacob is our fortress.



Be still

and know that I am God

Be Still,
and know that I am God.
Psalm 46:10

Be still, and know that I am God!
Psalm 46:10

*Be still, and know that I am God,
Psalm 46:10*



BE STILL
AND KNOW
THAT
I AM GOD.


Psalm 46:10




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A. Knowing God ... in the midst of trouble




Be still, and know that I am God
(KJV, ESV, NIV, NRSV)



Be still, and know that I am God
(KJV, ESV, NIV, NRSV)

***Cease striving*, and know that I am God**
(NASB – to the nations)



Be still, and know that I am God
(KJV, ESV, NIV, NRSV)

***Cease striving*, and know that I am God**
(NASB – to the nations)

or

***Relax*, and know that I am God**
(NASB – to God's people)






Everybody thinks the Crystal Cathedral is the greatest thing my grandparents built, but it wasn't. It was the *Hour of Power*.
- Bobby Schuller



**B. Knowing God ... by really
“knowing” Him**



**Relax! And know that I – Elohim – I
shall be exalted among the nations**
(Interlinear Bible)





And He said to them,
“Why are you afraid? Do you still have no faith?”
(Mark 4:40)